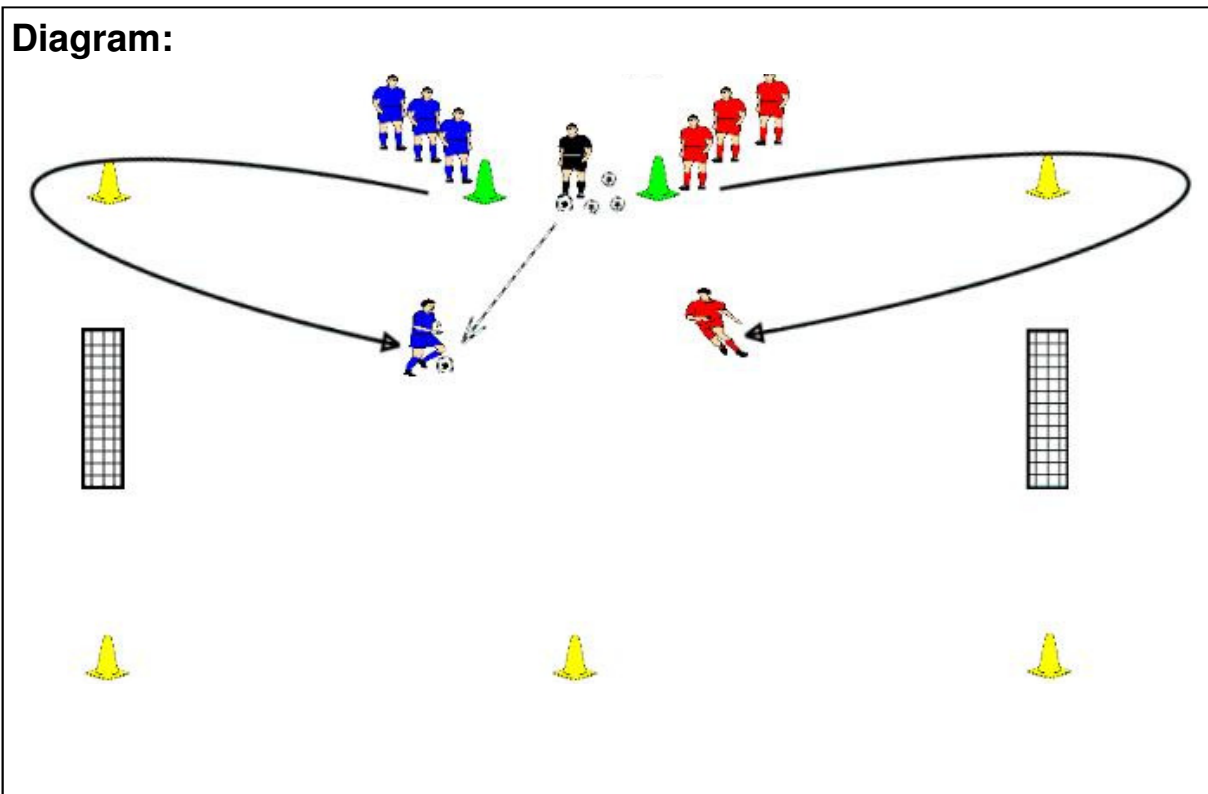


**Topic:** 1 v 1  
**Drill Name:** 1 v 1 + Big Goals

**Age Group:** U/8 to U/9

**Objectives:** A 1 v 1 game that increase coordination and spatial awareness While improving social interaction and Introduces finishing skills in 1 v 1 situations

**Diagram:**



**Description:** Players start at the cones beside the coach. Coach calls play and one player from each team runs around the corner cone and into the middle. The coach serves a ball to one of the players, making them the attacker. The player tries to beat their opponent and score a goal.

**Progressions:** Players can score in either goals.

**Coaching Points:** Encourage players to attack at speed, while changing directions and using any skills they have learnt to beat their opponent.