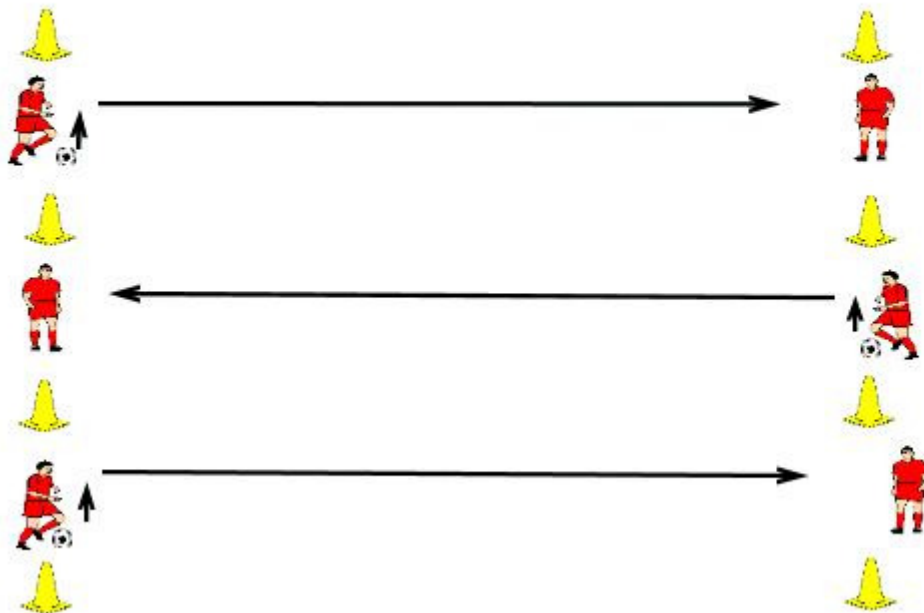


Topic: Techniques **Drill Name:**
2 Touch Passing: Outside foot.

Age Group: U/8 to U/9

Objectives: Passing and receiving exercise that encourages players to receive with the outside of their foot.

Diagram:



Description: Players start in pairs 1 to 5 meters apart. Players receive the ball with the outside of their foot and pass the ball back to their partner with the inside of the same foot.

Progressions: Increase the distance of the pass.

Coaching Points: First touch with the outside of the foot must set the players next touch (the pass) up.