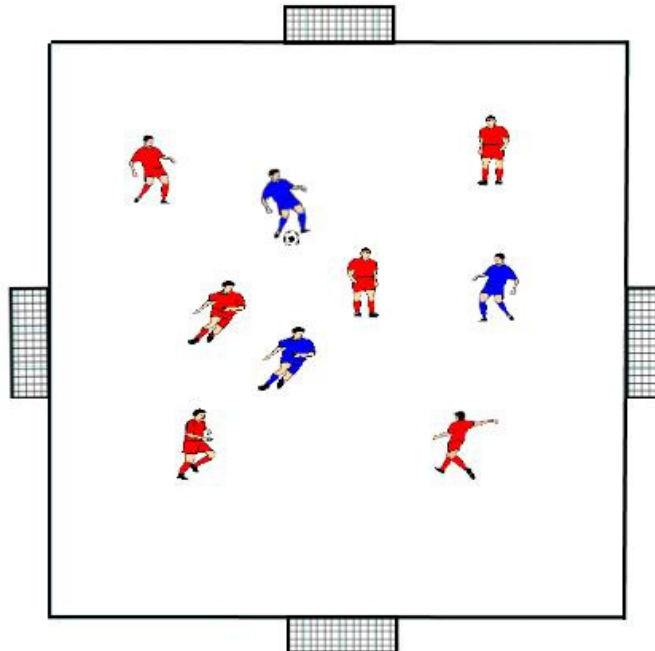


Drill Name: Four Goal Shooting Game

Topic: Finishing

Exercise Purpose: Reality of being out numbered 6 v 3

Diagram:



Description: Strikers can score in any goal. Defenders must win the ball and keep for 6 passes to score a goal.

Progressions: Limited touches for both teams, Designated goals for attackers

Coaching Points: Angle of support for the 6 players, Quick combination for attackers when they win the ball.