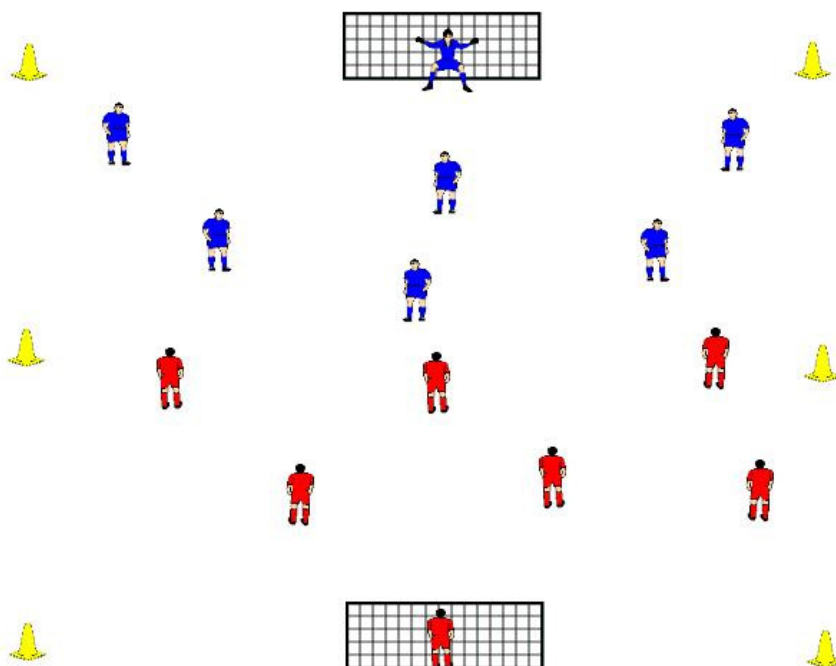


**Drill Name: 6 v 6 + 2 GK  
Possession**

**Topic: Possession and using  
goal keeper in building up from  
the back**

**Exercise Purpose: Possession and improving goal keeper using  
his/her feet.**

**Diagram:**



**Description: 6 players pass the ball. After every 3 successful  
passes a defender enters the field. Once the defenders win the  
ball, the game commences in the other area.**

**Progressions: Defending team  
can score if they win the ball.  
Game starts in other area after  
attack**

**Coaching Points: Angles of  
support, First touch (direction  
and speed), Mobility, Use the  
goal keeper.**