

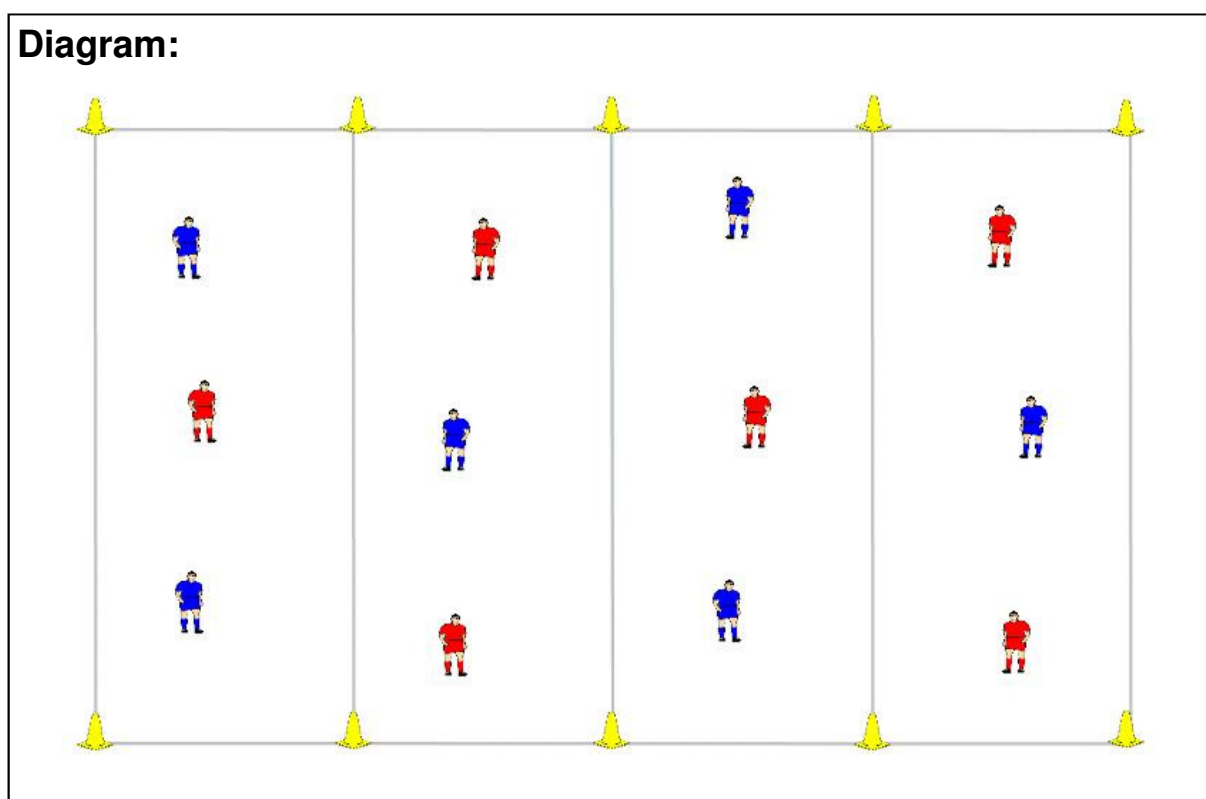
**Drill Name:** 6 v 6 + 4 Area  
Possession Game

**Topic:** Possession & Positioning  
Games

**Objectives:**

- Form triangles of support
- 1st touch
- Vision and awareness

**Diagram:**



**Description:** Two teams of 6 v 6 playing possession in a rectangle area. 2 v 1 in each area, players must stay in their own area but can play the ball (maintain possession) to their own team in any area.

**Progressions:**

Add two balls at once

**Coaching Points:**

- Angle of support
- Awareness - 2 balls
- First touch
- Ball speed / movement